

# eMerge FREE

A Pathway to Spirit and Soul Healing



*Discover wholeness through prophetic  
therapy & coaching.*

[emergeandseeco.org](http://emergeandseeco.org)



## Welcome & Vision

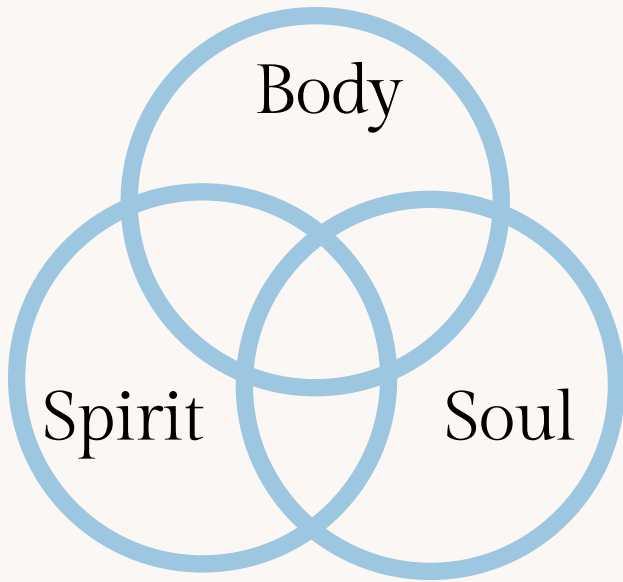
Welcome to eMerge FREE, a journey of restoration and discovery. eMerge FREE acknowledges that healing requires much more than traditional counseling or frequent deliverance services. It is an invitation to recover your true design through a process rooted in anthropology, psychology, and biblical truth. This three-month training and coaching program aims to aid you in working towards whole living and equipping you with the tools necessary to emerge as Kingdom partners for the healing and deliverance of others!

This guide centers YOU, your tripartite nature, and how your design shapes your everyday existence. You will explore the following:

- Patterns that maintain bondage
- The role of truth and confession in the healing process
- The need for deeper intimacy with God
- How to leverage prayer and contemplative practice to work towards healing

Whether you join the next cohort or simply read through this guide, we pray that you sense God's love drawing you back to yourself.

# Understanding the Tripartite Being



You are much more than your body! You are a tripartite being purposed to live in communion with God. Your spirit is a lifeline — it connects you to God, who is Life, and makes possible an endless stream of revelation, impartation, and enlightenment. The soul comprises your mind, will, emotions, and desires. Perception, memory, and daily action is often impacted by the condition of your soul. The body houses and expresses the sentiments, condition, and happenings of your spirit and soul.

HEALING is the product of the alignment of your personhood with truth. Wounds open the door to delusion and improper perspective. This often results in behaviors rooted in self-sabotage and deception, which leads to the manifestation of all manners of pain and spiritual disconnection. Untreated wounds shift your focus from your God-given identity to the personhood your pain fashions. You begin to believe who your pain declares you to be and lose sight of your identity as a partner of God in the preservation, healing, and evolution of creation and the world-at-large.

If you are to find healing, you must come out of deception and embrace truth!



# Common Soul Patterns Holding You Back

Remember, untreated wounds distort perspective, fashion a false identity, and encourage a lifestyle that is not rooted in truth. This may seem harsh, but **YOU'VE BEEN CONDITIONED TO LIE TO YOURSELF!** For most, self-deception is a protective mechanism purposed to give the illusion of preservation. This illusion keeps us bound to endless cycles of poor behaviors, conflicts, surface level thinking and living, and lifestyles that tether us far more to the earth than to the spirit.

If you are looking to change this, you must work to eliminate the following soul patterns.

## Lying/ Self-Deception

**TRUTH IS A NECESSITY!** There is a reason why the Spirit of God is the “Spirit of Truth” (Jn 14:17, 15:26, 16:13). We must lean on the Spirit of God to bring us into truth and confession. **YOU CAN ONLY EXPERIENCE HEALING IN ACCORDANCE TO YOUR DEPTH OF CONFESSION!**

## Improperly identifying your problem

It is not abnormal for believers to mislabel the source of their problem. In fact, many take Ephesians 6:12 a tad overboard. Yes, our battle is indeed spiritual. Life, after all, is spiritual. We err when we ignore the other aspects of our personhood. Oppressive forces often live within our untreated wounds. If you go after the demonic entity and refuse to ensure that the home no longer accommodates those entities, you will find yourself in deeper bondage!

In eMerge FREE, we emphasize wound care and the state of your soul and body, not just your spirit!


## Lack of Intimacy with God

If you desire healing, you must acknowledge that you are incapable of healing yourself. You need God and you need the partners God raises to help you find healing! If you want to find God, you must deepen your intimacy. Matthew 7:7 reminds us that we must ask, seek, and knock (or rather, keep asking, keep seeking, and keep knocking) to receive, find, and have before us an open door. Remember, untreated wounds often result in spiritual disconnection. **GET BACK TO INTIMACY! RECONNECT** and allow TRUTH to do its healing work!

# The Healing Framework

eMerge FREE is not a quick fix; it is a relational process designed to restore your whole being. Every cohort encourages the curation of a safe space led by prophetic ministers, soul professionals, intercessors, and truth tellers. We prioritize our students and follow the leading of the Holy Spirit. The healing work, training, and activation is only made possible by God. Your instructor(s) is/are simply God's partner(s) to get you trained and healed.

## The PROCESS

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- ◆ Weekly Live Training
    - Required Preparatory Reading
    - Group Discussions
    - Prophetic/Biblical Understandings
    - Prophetic Activation Activities
  - ◆ Prophetic Coaching
    - Spiritual Clarity Analysis
    - 6-12 Hours of personalized prophetic coaching
    - Healing Exercises
    - Accountability
  - ◆ Mandated Intimacy with God
    - Weekly reflections
    - Daily God impartations as goal
    - Deep biblical understanding and exploration
    - Peer Accountability
  - ◆ eMerge FREE Certification
    - Access to a community of trainees
    - Access to a network of marketplace ministries for continuous healing
    - An invitation to apply to work with eMerge FREE as a facilitator

# Practical Tools You Can Employ Today

## Prayer Activity

Practice stillness by removing distractions, taking deep breaths, and invite the Holy Spirit to bring illumination by revealing truth.

Ask: “Lord, where does my soul need healing today?”

Wait for a response!

\*Grab a pen and paper if you find journaling to be a medium for revelation for you.

Record any prophetic impressions you receive and commit yourself to biblical study and further exploration.

# Healing Activities

Participate in the work of storytelling by setting aside time to journal. Identify moments of joy, pain, enlightenment, etc. Remember, you are not alone. Invite the Lord on this journey with you.

Be mindful of your energy. When anxious, breath, touch the God in you, and consciously release anxiety, stress, and/or confusion while receiving the peace of the Lord.

Practice honesty through journaling. Place a line in the middle of your paper. Write your sentiments, fears, and concerns on the left side of the paper. On the right, record the Word of the Lord. Fill the right side of the paper with biblical texts, affirmations, and prophetic declarations.



# Client Testimonies

This program is something that is truly needed in the body of Christ. We often hear about “deliverance ministries”, but this is the definition of a true deliverance ministry. It’s not just looking to cast out the demons, this ministry focuses on “you”. If more ministries focused on healing the person from the inside out by dealing with the core issues of most people’s heart – family dynamic, past sins, trauma, etc... true deliverance will be more accessible and people won’t have to search out “deliverance ministry’s” to cast their demons out.

Not only that, but this program also ensures that we as “ministers” are cultivated in the prophetic with the ability to see & hear. Why? It’s easy to help heal or deliver someone when you know what they’re dealing with. Not everyone is going to outright tell you everything they’ve gone through in life. But if you’re yielded to Holy Spirit, He can show you. A stranger being able to call out something that happened to you when you were three would definitely make a huge impact on you & help you recognize your need for deliverance because everyone doesn’t always know they have a need for “deliverance”.

I was challenged in more ways than one through this program.

I’ll leave with this, you need this program!!!

My experience with Prophetic Discovery has been nothing short of amazing. This group has truly helped me heal, recognize, and identify the alters I was battling. Through this journey, I didn’t just receive prophecy—I gained understanding of how the natural and spiritual realms work hand in hand.

The support I received from PD made me feel like I truly mattered. They created a space where I could not only grow but discover who I really am. I’m so grateful for the transformation and clarity that have come through this journey.

# Next Steps

Healing and deliverance are lifelong journeys. eMerge FREE aims to help you start and/or continue the journey! We will constantly remind you that this is a continuous process! If you feel drawn to eMerge FREE, you are encouraged to apply for our training program and/or register for our prophetic discovery rooms.

Visit <https://www.emergeandseeco.org/emergefree-now> to register for an interest meeting and submit your application. Your prophetic coach and community awaits you! If now is not the right season, stay connected by joining our mailing list for future trainings and resources. We bless you on your journey towards freedom, identity and purpose!